Healthy Aging: The Interaction of Social and Biological Factors



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4:30-5:30pm with reception to follow Tripp Commons, Memorial Union 800 Langdon St., Madison, WI 53703

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Morbidity and mortality occur at younger ages for those with low lifetime socioeconomic status, adversity in childhood and adulthood, are members of a minority group, have adverse health behaviors, and those with adverse psychological states. These "Social Hallmarks of Aging" are analogous to the "Geroscience Hallmarks of Aging" in reflecting a set of underlying and interrelated social causes of multiple age-related health outcomes. This lecture presents empirical work incorporating the social hallmarks of aging with the multiple biological hallmarks of aging as well downstream biology to show how these factors interact to influence a range of health outcomes. This analysis shows the relative strength of the associations of social and biological measures with important health outcomes and points to where interventions will make the greatest impact on healthy aging.





This lecture is free and open to the public.









